

Lovehoney®  
the sexual happiness people™



live a sexier life

# About Lovehoney®

Lovehoney are the sexual happiness people. We make a fun, fulfilling sex life available to everyone.

We are the UK's biggest online sex toy and lingerie retailer.

**Discover** more at  
**[www.lovehoney.co.uk](http://www.lovehoney.co.uk)**



Welcome to



## The Little Book of Sexual Happiness!

This book is here to help you have a fun and fulfilling sex life that's rich with exploration, play and pleasure.

We've put together our top tips for spicing up your pleasure time as well as a great guide to sex toys and essentials.

On your own or with a partner, this little book has something for everyone.



# Starting Out

## Why everyone should use sex toys

- ♥ They're **fun** to experiment with
- ♥ They give **brilliant** new sensations
- ♥ They help you **explore** your body
- ♥ They **relax** you and release tension
- ♥ They **enhance** sex with a partner

## Celebrate your sexuality with **sex toys!**

Sex is everywhere, yet when it comes to our own sex lives we tend to be incredibly private.

Playing with sex toys can be seen as valuable 'me-time', a therapeutic treat, or just like a hot bubble bath and a glass of wine.

Enjoying sex toys with a partner increases trust and intimacy, helping you improve communication as a couple.





# Top 10

Tips for Getting It On

How to introduce  
sex toys and essentials  
to your love life

# 1 Be more tactile

## Touch more

Create sexual energy and relish the sensation of fingertips on skin.

## Take more time

Don't rush foreplay – take your time on each other's pleasure.

## Play more

Try a new toy or a lube. Variety is the spice of life!

## Share more

Discuss your fantasies. Who knows what you might discover...



## 2 Mission: massage

Send your partner into a state of blissful relaxation with a sensual massage.



Lovehoney Massage Rocks

Massage candles create a romantic setting and melt into a luxurious oil.



Massage Candle

Massage **improves circulation** and **releases pleasure endorphins**



# 3 Lovin' lingerie

Want to add a little extra sparkle to your sex life?

Lingerie is one of the easiest ways to ignite lust and desire, make any occasion feel extra special and boost your confidence.

Find your style – whether that's sexy, flirty or feminine!



Babydoll

Bra Set

Cami Set

Basque

Choosing the right set is important, so go for something that flatters and accentuates your body shape.

## Accessorise

With nipple tassels, stockings and suspenders.

Lovehoney  
Sequin  
Nipple  
Tassels



Oh La La Cheri Suspender  
Basque and G-String Set

# 4 We love lubricant

People who use lubricant have better sex. It eases penetration, heightens sensations and makes sex even more enjoyable. Wow!



## Water-Based Lube

Great all-rounder, best for beginners, skin-safe, condom compatible and ideal to use with all sex toys.

Lovehoney Enjoy Water-Based Lube

## Silicone-Based Lube

An excellent step-up, condom safe, long lasting and never goes sticky. Keep away from silicone sex toys.

Sliquid Silver Silicone Lube



## Silky Lube

Non-tacky, water-based and white in colour. Perfect for massage.

Fifty Shades of Grey  
Silky Caress Silk Lubricant



## Anal Lube

Extra thick and formulated to stay slippery for longer.

Tracey Cox  
Supersex  
Anal Lubricant



70%

of **women** find sexual experiences more satisfying with **lube**

## Sweeter Oral Sex

Apply flavoured lube to your partner and enjoy a tasty treat as you lick them to heaven.

Lovehoney  
Flavoured Lubes





# 5 Better sex for her

Sexual pleasure is good for your health!  
Improve the quality of your orgasms  
with exercise and stimulating balms.



## Keep Toned!

Kegel balls tone  
your pelvic floor for  
stronger orgasms.

Fifty Shades  
of Grey  
Inner Goddess  
Silver Pleasure  
Balls

## Clitoral Stimulators

Many women need clitoral stimulation  
in order to orgasm. Why not use a  
bullet vibe during play?



## Orgasm Boosters

Balms and gels enhance  
sensitivity and pleasure.

Pin Ups Betty Bombshell  
Orgasm Balm Cherry

Sqweel Go  
USB Rechargeable  
Oral Sex Simulator

# 6 Better sex for him

Improve your sexual performance and boost your stamina with male sex toys and essentials.

## Male Masturbators

Stealth strokers and realistic vaginas feel amazing and help build stamina.

### Want to Last Longer?

Special lubricants and sprays can desensitize the penis.

Lovehoney Stay Longer Delay Lubricant

### Bigger and Better!

Penis pumps and cock rings create bigger, stronger erections.

Tracey Cox EDGE Supreme Endurance Triple Stamina Ring Set



Flight by Fleshlight  
Male Masturbator

# 7 Game for anything

Whether you've just met someone new or have been together for years, sex games introduce a new level of fun and excitement into your relationship.

Play sex games, such as sex dice or coupons, to get to know each other better and create great memories whilst having a giggle!



Let's Fool  
Around  
Sex Dice

**Best Seller!**  
over  
**1,000,000**  
sold

Monogamy



# 8 Anal play



Lovehoney BASICS  
Butt Plug

More and more men and women are discovering the erotic potential of anal sex. Ready to explore? Remember to:

## ♥ Trust Your Partner

Communication is key – always say if it's too much or you want to stop.

## ♥ Go Slowly

Relax and take your time.

## ♥ Experiment

Using a butt plug gets you used to the sensations.

## ♥ Use Lube

Anal lube is thick and slick to ease penetration.

## Clean & Confident

Use a douche for safe and clean anal sex.

Lovehoney  
BASICS  
Anal Douche



# 9 The element of surprise

Slip a blindfold over your partner's eyes to instantly heighten every touch and caress.

Enhance their experience by varying your movements so they never know what's coming next.



Tease your partner with a feather tickler and drive them wild.

## ♥ Lick Your Partner

And breathe soft, warm air on their skin.

## ♥ Use Your Fingers

Run long strokes along their limbs.

## ♥ Change the Pace

Mix up your movements to create intense anticipation.

Fifty Shades of Grey Tease Feather Tickler



Tease Me Blackout Blindfold

# 10 Dominance & submission

Bondage can vary from soft, sensual and romantic, to kinky and intensely thrilling. Exploring dominance and submission can heighten trust.

77%

of us use  
bondage to spice  
up our sex lives!

Lovehoney  
Tease Me Furry  
Handcuffs



Lovehoney Tease Me  
Restraints (4 Pack)

Wrist and ankle ties are a great, unthreatening introduction to light bondage.

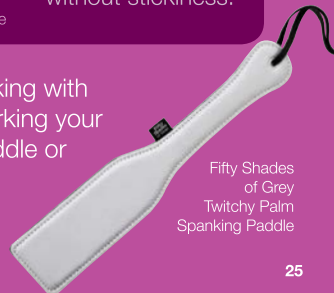
Satin restraints are ideal for first time play as they feel sensational against skin.



Lovehoney  
Tease Me Bondage Tape

Bondage tape is perfect for roleplay and tie-up games as it's self-adhesive without stickiness.

Introduce spanking with your palms, working your way up to a paddle or flogger for even more intense sensations.



Fifty Shades  
of Grey  
Twitchy Palm  
Spanking Paddle

# Sex Toy

## Glossary

An Essential Guide:  
What's What in  
the Sex Toy World



## Vibrators



Tracey Cox Supersex  
Bullet Vibrator

On your own or with a partner, a vibrator can make it easier to reach orgasm. Bullet vibrators are great for clitoral stimulation – use during sex for a discreet pleasure boost!

**96%**

of people  
have tried a  
sex toy

## Dildos

Dildos are a classic sex toy and perfect for intimate massage. Dildos come in all shapes, sizes and materials, from lifelike silicone to toughened glass and cool metal.

Fifty Shades  
of Grey  
Massage Wand



## The Rabbit

With vibrating rabbit ears and an action-packed shaft, the rabbit vibrator has been responsible for millions of orgasms worldwide – and we're not complaining!



Lovehoney Realistic Silicone  
Oh! Rabbit Vibrator



## Penis Pumps

Pumps create a vacuum around the penis to encourage healthy blood flow and tissue growth, resulting in a larger and harder erection.

penis pumps  
can increase  
size by up to

**30%**

Used regularly,  
results can be  
semi-permanent.



## Strokers

Discreet and versatile, textured strokers are fantastic for solo or shared play. These nifty sex toys help you to build stamina, last longer in bed, and feel great!

Lovehoney Double Stroker Intense



## Stamina Rings

**77%**

of men have used  
a cock ring

Stamina rings restrict bloodflow for a harder, stronger erection – which is great for both partners. They're usually cheap and very effective. Win-win!

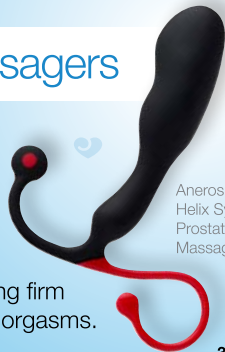
Tracey Cox EDGE  
Adjustable Stamina Ring



## Prostate Massagers

The prostate is the male G-spot and is packed full of sensitive nerve endings. Massagers help you reach this internal hot spot, providing firm stimulation for incredible orgasms.

Aneros  
Helix Syn  
Prostate  
Massager





# The We-Vibe®

Sex toys designed to be worn during intercourse can help you achieve the ultimate sexual goal – climaxing at the same time. Expertly engineered for mutual stimulation, the We-Vibe is perfect for shared pleasure.



We-Vibe 4  
Remote  
Control  
Couples  
Vibrator



Tracey Cox  
Supersex Twin  
Vibrating Love Ring



## Love Rings

Love rings are brilliant for both partners. Create a bigger, harder erection for him and hands-free clitoral stimulation for her. A winning combination!

# The Magic Wand®

Magic Wand® vibrators were originally designed as sports massagers, but were soon found to be incredibly powerful sex toys.

Their wide heads can be used to stimulate the whole genital area and their versatility makes them brilliant for couples.



Give your Magic Wand® a new lease of life by using an attachment, such as a male stroker or G-spot stimulator.

Lovehoney Hummer Male  
Masturbator Wand Attachment

Lovehoney® customers  
think sexual happiness is...

“when you  
end up smiling for  
the following day”

“when they  
enjoyed it as much  
as you did”

“being  
adventurous,  
trying new things  
and not being  
embarrassed”

“being close  
enough to laugh when  
things don’t go to plan  
and brave enough to  
try again”

“knowing you  
can tell your partner  
all your sexual fantasies  
and exploring them  
together”

## Peace of mind...

- ♥ **FREE** UK Delivery  
when you spend just £20!
- ♥ **PLAIN** and discreet packaging  
(so nobody knows what’s inside!)
- ♥ **365** day no-quibble returns policy
- ♥ **24/7** Customer Care
- ♥ **LOYALTY** points programme



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Discover more at  
[www.lovehoney.co.uk](http://www.lovehoney.co.uk)



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