

Lovehoney®
the sexual happiness people™



live a sexier life

About Lovehoney®

Lovehoney are the sexual happiness people. We make a fun, fulfilling sex life available to everyone.

We are the UK's biggest online sex toy and lingerie retailer.

Discover more at
www.lovehoney.co.uk



Welcome to



The Little Book of Sexual Happiness!

This book is here to help you have a fun and fulfilling sex life that's rich with exploration, play and pleasure.

We've put together our top tips for spicing up your pleasure time as well as a great guide to sex toys and essentials.

On your own or with a partner, this little book has something for everyone.



Starting Out

Why everyone should use sex toys

- ♥ They're **fun** to experiment with
- ♥ They give **brilliant** new sensations
- ♥ They help you **explore** your body
- ♥ They **relax** you and release tension
- ♥ They **enhance** sex with a partner

Celebrate your sexuality with **sex toys!**

Sex is everywhere, yet when it comes to our own sex lives we tend to be incredibly private.

Playing with sex toys can be seen as valuable 'me-time', a therapeutic treat, or just like a hot bubble bath and a glass of wine.

Enjoying sex toys with a partner increases trust and intimacy, helping you improve communication as a couple.





Top 10

Tips for Getting It On

How to introduce
sex toys and essentials
to your love life

1 Be more tactile

Touch more

Create sexual energy and relish the sensation of fingertips on skin.

Take more time

Don't rush foreplay – take your time on each other's pleasure.

Play more

Try a new toy or a lube. Variety is the spice of life!

Share more

Discuss your fantasies. Who knows what you might discover...



2 Mission: massage

Send your partner into a state of blissful relaxation with a sensual massage.



Lovehoney Massage Rocks

Massage candles create a romantic setting and melt into a luxurious oil.



Massage Candle

Massage **improves circulation** and **releases pleasure endorphins**



3 Lovin' lingerie

Want to add a little extra sparkle to your sex life?

Lingerie is one of the easiest ways to ignite lust and desire, make any occasion feel extra special and boost your confidence.

Find your style – whether that's sexy, flirty or feminine!



Babydoll

Bra Set

Cami Set

Basque

Choosing the right set is important, so go for something that flatters and accentuates your body shape.

Accessorise

With nipple tassels, stockings and suspenders.

Lovehoney
Sequin
Nipple
Tassels



Oh La La Cheri Suspender
Basque and G-String Set

4 We love lubricant

People who use lubricant have better sex. It eases penetration, heightens sensations and makes sex even more enjoyable. Wow!



Water-Based Lube

Great all-rounder, best for beginners, skin-safe, condom compatible and ideal to use with all sex toys.

Lovehoney Enjoy Water-Based Lube

Silicone-Based Lube

An excellent step-up, condom safe, long lasting and never goes sticky. Keep away from silicone sex toys.

Sliquid Silver Silicone Lube



Silky Lube
Non-tacky, water-based and white in colour. Perfect for massage.

Fifty Shades of Grey
Silky Caress Silk Lubricant



Anal Lube

Extra thick and formulated to stay slippery for longer.

Tracey Cox
Supersex
Anal Lubricant



70%
of **women** find
sexual experiences
more satisfying
with **lube**

Sweeter Oral Sex

Apply flavoured lube to your partner and enjoy a tasty treat as you lick them to heaven.

Lovehoney
Flavoured Lubes



5 Better sex for her

Sexual pleasure is good for your health!
Improve the quality of your orgasms
with exercise and stimulating balms.



Keep Toned!

Kegel balls tone
your pelvic floor for
stronger orgasms.

Fifty Shades
of Grey
Inner Goddess
Silver Pleasure
Balls

Clitoral Stimulators

Many women need clitoral stimulation
in order to orgasm. Why not use a
bullet vibe during play?



Orgasm Boosters

Balms and gels enhance
sensitivity and pleasure.

Pin Ups Betty Bombshell
Orgasm Balm Cherry

Sqweel Go
USB Rechargeable
Oral Sex Simulator

6 Better sex for him

Improve your sexual performance and boost your stamina with male sex toys and essentials.

Male Masturbators

Stealth strokers and realistic vaginas feel amazing and help build stamina.

Want to Last Longer?

Special lubricants and sprays can desensitize the penis.

Lovehoney Stay Longer Delay Lubricant

Bigger and Better!

Penis pumps and cock rings create bigger, stronger erections.

Tracey Cox EDGE Supreme Endurance Triple Stamina Ring Set



Flight by Fleshlight
Male Masturbator

7 Game for anything

Whether you've just met someone new or have been together for years, sex games introduce a new level of fun and excitement into your relationship.

Play sex games, such as sex dice or coupons, to get to know each other better and create great memories whilst having a giggle!



Let's Fool
Around
Sex Dice

Best Seller!
over
1,000,000
sold

Monogamy



8 Anal play



Lovehoney BASICS
Butt Plug

More and more men and women are discovering the erotic potential of anal sex. Ready to explore? Remember to:

♥ Trust Your Partner

Communication is key – always say if it's too much or you want to stop.

♥ Go Slowly

Relax and take your time.

♥ Experiment

Using a butt plug gets you used to the sensations.

♥ Use Lube

Anal lube is thick and slick to ease penetration.

Clean & Confident

Use a douche for safe and clean anal sex.

Lovehoney
BASICS
Anal Douche



9 The element of surprise

Slip a blindfold over your partner's eyes to instantly heighten every touch and caress.

Enhance their experience by varying your movements so they never know what's coming next.



Tease your partner with a feather tickler and drive them wild.

♥ Lick Your Partner

And breathe soft, warm air on their skin.

♥ Use Your Fingers

Run long strokes along their limbs.

♥ Change the Pace

Mix up your movements to create intense anticipation.

Fifty Shades of Grey Tease Feather Tickler



Tease Me Blackout Blindfold

10 Dominance & submission

Bondage can vary from soft, sensual and romantic, to kinky and intensely thrilling. Exploring dominance and submission can heighten trust.

77%

of us use
bondage to spice
up our sex lives!

Lovehoney
Tease Me Furry
Handcuffs



Lovehoney Tease Me
Restraints (4 Pack)

Wrist and ankle ties are a great, unthreatening introduction to light bondage.

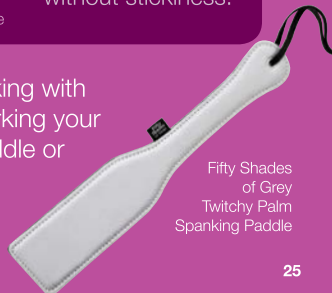
Satin restraints are ideal for first time play as they feel sensational against skin.



Lovehoney
Tease Me Bondage Tape

Bondage tape is perfect for roleplay and tie-up games as it's self-adhesive without stickiness.

Introduce spanking with your palms, working your way up to a paddle or flogger for even more intense sensations.



Fifty Shades
of Grey
Twitchy Palm
Spanking Paddle

Sex Toy

Glossary

An Essential Guide:
What's What in
the Sex Toy World



Vibrators



Tracey Cox Supersex
Bullet Vibrator

On your own or with a partner, a vibrator can make it easier to reach orgasm. Bullet vibrators are great for clitoral stimulation – use during sex for a discreet pleasure boost!

96%

of people
have tried a
sex toy

Fifty Shades
of Grey
Massage Wand

Dildos



Dildos are a classic sex toy and perfect for intimate massage. Dildos come in all shapes, sizes and materials, from lifelike silicone to toughened glass and cool metal.

The Rabbit

With vibrating rabbit ears and an action-packed shaft, the rabbit vibrator has been responsible for millions of orgasms worldwide – and we're not complaining!



Lovehoney Realistic Silicone
Oh! Rabbit Vibrator

Penis Pumps

Pumps create a vacuum around the penis to encourage healthy blood flow and tissue growth, resulting in a larger and harder erection.

penis pumps
can increase
size by up to

30%

Used regularly,
results can be
semi-permanent.



Strokers

Discreet and versatile, textured strokers are fantastic for solo or shared play. These nifty sex toys help you to build stamina, last longer in bed, and feel great!

Lovehoney Double Stroker Intense



Stamina Rings

77%

of men have used
a cock ring

Stamina rings restrict bloodflow for a harder, stronger erection – which is great for both partners. They're usually cheap and very effective. Win-win!

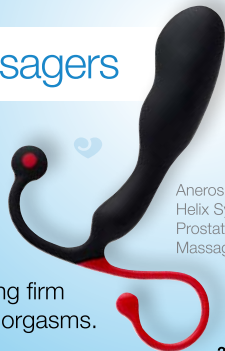
Tracey Cox EDGE
Adjustable Stamina Ring



Prostate Massagers

The prostate is the male G-spot and is packed full of sensitive nerve endings. Massagers help you reach this internal hot spot, providing firm stimulation for incredible orgasms.

Aneros
Helix Syn
Prostate
Massager



The We-Vibe®

Sex toys designed to be worn during intercourse can help you achieve the ultimate sexual goal – climaxing at the same time. Expertly engineered for mutual stimulation, the We-Vibe is perfect for shared pleasure.



We-Vibe 4
Remote
Control
Couples
Vibrator



Tracey Cox
Supersex Twin
Vibrating Love Ring



Love Rings

Love rings are brilliant for both partners. Create a bigger, harder erection for him and hands-free clitoral stimulation for her. A winning combination!

The Magic Wand®

Magic Wand® vibrators were originally designed as sports massagers, but were soon found to be incredibly powerful sex toys.

Their wide heads can be used to stimulate the whole genital area and their versatility makes them brilliant for couples.



Give your Magic Wand® a new lease of life by using an attachment, such as a male stroker or G-spot stimulator.

Lovehoney Hummer Male
Masturbator Wand Attachment

Lovehoney® customers
think sexual happiness is...

“when you
end up smiling for
the following day”

“when they
enjoyed it as much
as you did”

“being
adventurous,
trying new things
and not being
embarrassed”

“being close
enough to laugh when
things don’t go to plan
and brave enough to
try again”

“knowing you
can tell your partner
all your sexual fantasies
and exploring them
together”

Peace of mind...

- ♥ **FREE** UK Delivery
when you spend just £10!
- ♥ **PLAIN** and discreet packaging
(so nobody knows what’s inside!)
- ♥ **365** day no-quibble returns policy
- ♥ **24/7** Customer Care
- ♥ **LOYALTY** points programme



Lovehoney®
the sexual happiness people™

Discover more at
www.lovehoney.co.uk



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